

Martin Luther Campus Adult Day Programs

January
2012



Campus Club 952-948-5154

Creekside Club 952-888-5405



Celebrating January

Hot Tea Month

Soup Month

Trivia Day
January 4

Old Rock Day
January 7

Bubble Bath Day
January 8

Letter Writing Week
January 8-14

Houseplant Appreciation Day
January 10

**Dr. Martin Luther King, Jr.
Day**
January 16

**Chinese New Year:
Year of the Dragon**
January 23

Australia Day
January 26

Creekside and Campus Club Chatter by Heather

Happy New Year to all of our Campus Club and Creekside Club Friends! I hope everyone had a joyful and blessed holiday season.

Because I have not yet hired anyone for the Program Coordinator position at Campus Club, I am responsible for writing the newsletters for both of our Clubs. For that reason, and in an effort to save time, I have decided to combine the Campus and Creekside Club newsletters for the month of January. So please bear with me folks.....

For our Campus Club Friends who don't know me – My name is Heather Liesenfeld. I have worked as a Program Coordinator at Creekside Club for the last 3 ½ years. I was recently promoted to the Director of Martin Luther Campus Adult Day Programs in October 2011. I live in Burnsville with my husband Jason, 16 month old son Christopher, and beagle Riley. I will be working with Julie (and Susie and Lucille) at Campus Club until I find the perfect person to fulfill the Program Coordinator role. I have thoroughly enjoyed getting to know all of you better and look forward to working with you more in the future.

For our Creekside Club Friends – Please extend a warm welcome this month to our new full-time Program Assistant, Jackie Bothwell. She starts on January 16 and is extremely excited to meet and get to know everyone. I also want to thank our friend Tess Sasse, who has been working at Creekside Club everyday while home from college on her Christmas break. We wish her the best as she begins her last semester at school and we look forward to seeing her again in the summer as a college graduate!

For both Clubs – We have a very busy month ahead with many new Life Long Learning Programs and activities planned. What a great way to start out 2012!

January Life Long Learning Programs

Campus Club

Watercolor Class with Holly (9 week session):
10:30-11:30am on January 12, 19, & 26

Storytelling with Sally (On-going):
11:00-12:00pm on January 10 & 24

The MacPhail Hour (Through August 2012):
2:00-3:00pm on January 25

Northern Clay Class (10 week session):
Time TBD on January 23 & 30

Creekside Club

Watercolor Class with Holly (9 week session):
2:00-3:00pm on January 12, 19, & 26

Storytelling with Sally (On-going):
2:00-3:00pm on January 10 & 24

MacPhail Music for Life with Nick (Through August 2012)
1:30-2:30pm on January 6 & 20

Northern Clay Class (10 week session):
Time TBD on January 23 & 30

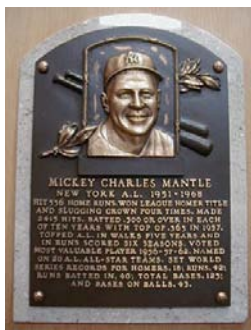
Other Highlights for Both Clubs

MacPhail Keyboarding Lessons:
3 more classes – January 9, 16, & 23
Another session will be starting in February. Please talk to Heather if you are interested in signing up for the next session. It meets from 1:00-2:00pm on Mondays.

Computer 101 (Internet Essentials):
This is a new Life Long Learning Program at Martin Luther Campus. It is a 6 week class that teaches computer basics and is geared specifically for seniors. It will be taught by former MN Senator Rudy Boschwitz and his son Ken. It starts on January 18 at 2pm and runs for an hour. It will continue on January 25 and into February. Please see Heather if you are interested in this class. Space is limited to 10 people.

Also.....mark your calendars for Martin Luther Campus' Valentine's Dance. It will take place on Friday February 10 from 7-9pm in Martin Luther Care Center's Great Room. This is our first big Valentine's Dance and should be fantastic fun. Get your dancing shoes ready and expect to see your invitations in the mail soon!

Baseball's Shrine



On January 29, 1936, the Baseball Hall of Fame inducted its first class of Hall-of-Famers in Cooperstown, New York. Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson, and Walter Johnson all enjoyed the great honor.

The idea of building a Hall of Fame began a year earlier in 1935, when an organization dreamed of building a museum honoring America's national game. Why Cooperstown, New York? It was hoped that the museum would provide an economic boost to the local economy. At the time, it was commonly believed that Civil War hero Abner Doubleday had invented the game in that very town. While Doubleday's claim on the invention of the game turned out to be false, one thing was for certain – fans loved the game, and they flocked to the Hall of Fame. The Doubleday myth was Cooperstown's great fortune.

Today the Hall of Fame gets over 350,000 visitors each year. It holds over 38,000 artifacts from some of the game's most storied players. Perhaps the most glorious room of all is the Plaque Gallery, a vast hall where bronze plaques memorializing every inductee grace the walls like a baseball shrine. Only 1 percent of those who ever played the game are inducted into the Hall of Fame. Here are some of baseball's most famous record holders:

Most Career Hits	Pete Rose (4,256)
Most Home Runs	Barry Bonds (762)
Highest Career Average	Ty Cobb (.366)
Longest Hitting Streak	Joe DiMaggio (56)
Most Strikeouts	Nolan Ryan (5,714)
Most Career Wins	Cy Young (511)
Most Saves	Mariano Rivera (603)
Most Stolen Bases	Ricky Henderson (1,406)

Of these record holders, Pete Rose, Barry Bonds, and Mariano Rivera are not in the Hall of Fame. Not yet, anyway.

Wall of Fame

In December, Creekside Club spotlighted our Friend Wes J.

Wes was born to Grace and Harry and raised in South Minneapolis. After high school, he joined the US Army Air Force and served in the South Pacific during WWII.

Wes married his high school sweetheart and love of his life, Eileen, in 1943. They had 3 children together and were married for 66 years before she passed away in June of 2010.

Wes worked as a buyer for Daytons and then ran a successful business selling sporting goods for 38 years.

After retirement, Wes was involved with the lapidary group at Creekside Community Center. He has many friends, not just in Creekside Club, but around the entire building.

In his free time, Wes enjoys painting (using a variety of mediums) and coin and stamp collecting. We are lucky to have exhibited many of Wes' paintings in Creekside Club over the last 2 years. Wes also enjoys following the MN sports teams, especially the Twins.

Thank you Wes for sharing all of you wonderful pictures and stories with us over the past month!



Wes with his friend Pat at the Creekside Club Holiday Party

The person Creekside Club will be spotlighting in January is Allan E.

Full-Grown Flakes



Look in the sky! It's a bird. It's a plane! No wait, it's a giant snowflake! Believe it or not, snowflakes the size of dinner plates have been known to fall. On January 28, 1887, Matt Coleman, a

rancher from Fort Keogh, Montana, saw a snowflake that measured 15 inches wide and eight inches thick. He described the falling flakes as "larger than milk pans."

Are these just exaggerations? Scientists say massive flakes are fairly common. In fact, it is not uncommon for snowflakes two to six inches wide to fall during storms all around the globe.

How do you measure these monsters? Any kid could measure a snowflake with a ruler, but scientists are now making precise measurements with laser probes attached to airplanes. Even NASA wants to get in on the snowflake measuring game and hopes to launch a 1 billion dollar satellite in 2013 that will measure snowfall, global precipitation, and snowflake size.

The typical image of a snowflake that people see sewn onto winter sweaters is just one tiny snowflake crystal. Most snowflakes are a mass of crystals stuck together as they collide and stick together in midair. However, it turns out that even some snowflake crystals can be big enough to see. The biggest individual crystals are the size of a dime. Imagine many of these dime-sized crystals sticking together, and you have one huge snowflake. But the size of a basketball? When Mother Nature is in charge, anything is possible.

Of course you can make fake flakes as big as you want. Take a square piece of white paper and fold it in half diagonally. Then fold it in half two or three more time. Take a pair of scissors and cut out some designs along the folds. Unfold the piece of paper and enjoy your flake.

January Birthdays

Capricorns are born from January 1 to 19. Capricorns are pragmatic and forthright, so they have no problem sharing their advice. Great improvisers, Capricorns can adopt new ideas and make quick judgments in tricky situations. If you were born between January 20 and 31, you are an Aquarius. Water Bearers have attractive personalities and are very imaginative and intuitive. Aquarians have a strong desire to help humanity, create unity, and thirst for knowledge and truth.

Jean W. (Creekside Friend) – Jan. 3

Roxine K. (Creekside Friend) – Jan. 5

Judy S. (Creekside Friend) – Jan. 9

Kate Middleton (princess) – Jan. 9, 1982

Robert H. (Creekside Friend) – Jan. 13

George Burns (comedian) – Jan. 20, 1896

Lorraine L. (Campus Friend) – Jan 20

Benny B. (Campus Friend) – Jan. 25

Sally P. (LLL Coordinator) – Jan. 26



As Easy as Pie

Eskimo Pie may not have been a pie at all, but it sure was delicious. It was the first chocolate-covered ice cream bar. Christian Kent Nelson got the idea while working in his candy store. He watched as a small boy began to buy an ice cream, then changed his mind and bought a chocolate bar instead. Nelson asked him why he didn't buy both. The boy said, "Sure, I know I want 'em both, but I only got a nickel." For weeks afterwards, Nelson worked around the clock trying to stick chocolate to ice cream.

Nelson's invention was a hit. He teamed up with chocolatier Russell Stover and called his new treat the Eskimo Pie. On January 24, 1922, Nelson patented his idea. Soon millions of the treats were being sold across the globe, and Nelson was raking in \$2,000 a day in royalties. Now that's cold hard cash.